

# TNT SPRING LONG COURSE "ABC" AGE GROUP SWIM MEET

Held under the Sanction of CCS and USAS #S17523TL

**SPONSORED BY:** TULE NATION TRITONS  
**MEET DIRECTOR:** Miranda Klawitter (360) 720-6359  
**ADMIN Official:** Julie Rodriguez  
**MEET REFEREE:** TBD  
**MEET START TIME:** 9:00 A.M. (Sat. & Sun.)  
**WARM UP TIME:** 7:30 A.M. (Sat. & Sun.)

**DATE OF MEET:** April 1 & 2, 2023  
**ENTRIES RECEIVED BY:** March 26, 2023 at 11:59 P.M.  
**LATE ENTRIES UNTIL:** March 28, 2023 at 11:59 P.M.  
with \$10 late fee

**\*\*All out of area teams are eligible to enter  
For More Info Visit: [www.centralcalswim.org](http://www.centralcalswim.org)**

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- Location:** **REEDLEY HIGH SCHOOL POOL:** 740 W. North Ave, Reedley, CA 93654  
Directions from the North: Take 99 FWY to Manning Ave. Turn Right onto E. Manning Ave. (signs for Parlier/Reedley/Orange Cove). Continue onto I Street. Turn left onto N. Reed Ave. Turn right onto Manning Ave. Pool will be on the right just passed the Kings County Office building.  
  
Directions from the South: Take 99 FWY to Manning Ave. Turn Right onto E. Manning Ave. (signs for Parlier/Reedley/Orange Cove). Continue onto I street. Turn left onto N. Reed Ave. Turn right onto Manning Ave. Pool will be on the right just passed the Kings County Office building.
- Facility:** 8-lane 50 meter heated outdoor pool with minimum depth of 7 FT and warm up/warm down area (separate pool). The competition pool has not been certified according to article 104.2.2C (4) of the USAS rules and regulations.  
  
**Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. For Athlete Protection, Central California Swimming prohibits the use of photography and audio or visual recording devices, including a cell phone, behind the starting blocks during the start sequence throughout the meet. Operation of drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and opening ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited, including deck changes. Other facility considerations will be listed below with all other COVID precautions.**
- Format:** This is a timed-finals, long course meter meet. **Swimmers may compete in up to four (4) individual events per day.** The competition course may be modified to fit a 4-hour timeline.  
  
Events 1 - 32 will be "*pre-seeded*" meaning there is no check-in necessary for these events. Heats will be seeded fastest to slowest. Events 33 and 34 will be deck-seeded, and heats will run fastest to slowest. **Swimmers in events 33 and 34 must check in with the Admin Official for these events.** Events may be combined, regardless of age or gender, at the discretion of the Meet Referee.
- Warm Up Rules:** Warm-up will begin at 7:30 a.m. on both Saturday and Sunday. All warm-ups must be supervised by a USAS registered coach. Swimmers who do not have a USAS registered coach at the meet must report to the Meet or Deck Referee for lane and coach assignment. Dive and pace lanes will be assigned at the discretion of the Meet and/or Deck Referee, following any CDC guideline regarding social distancing if relevant. **NO DIVING** will be permitted. **All Swimmers must use a 3-point entry during warm-up and warm-down.**
- Rules:** Current USA Swimming and CCS Rules will apply. All swimmers must be registered with USA Swimming for 2023. Deck Pass is an acceptable form of proof. Verification of entered times should be available upon request of the Meet Referee. Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition. Events will be seeded according to submitted times. This is a **timed finals** swim meet. Events may be combined regardless of age, gender, distance, or stroke at the discretion of the Meet Referee. This meet will be **PRE-SEEDED** by the Admin Official. There will be **NO CHECK-IN** required except for the 1500 freestyle event. Heats will be run fastest to slowest. Swimmers in the distance freestyle (1500) must provide a timer, a lap counter, and a lap counting device.

The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person. **ANY DISPUTED CALLS SHOULD FIRST CHANNEL THROUGH COACHES, THEN THE MEET REFEREE.**

*In the event the timeline exceeds the limits of the USA Swimming "4-hour rule," COACHES WILL BE EMAILED ON March 30, 2023, to inform their swimmers, who entered the maximum number of events on either day, that they must check-in with the Meet Director and Admin Official to scratch one of their events 30 minutes before the start of the meet. If the swimmer does not indicate an event to scratch, the last event of the day will be scratched by the Admin Official.*

**ADDITIONAL RULE:**

Per Central California Swimming policy, swimmers 12 years old and younger are not permitted to wear "Technical" suits at any CCS sanctioned or approved meets. For a detailed definition of the suits included in this policy:

[https://www.teamunify.com/wzccslsc/UserFiles/Image/QuickUpload/ccs-suit-restriction-for-swimmers\\_079631.pdf](https://www.teamunify.com/wzccslsc/UserFiles/Image/QuickUpload/ccs-suit-restriction-for-swimmers_079631.pdf)

**Unaccompanied Athlete:**

All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Deck Referee for lane and coach assignment. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Officials:**

All USAS Officials are welcomed and encouraged to work this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. If an insufficient number of officials are present to allow for rest breaks, a ten-minute break will be taken every two hours.

**Eligibility**

**All swimmers currently registered with USA Swimming for 2023 are eligible. Swimmers must be registered by March 30, 2023, by 12:00 p.m. Any swimmer not registered by this date and time will be scratched from the meet by the Admin Official.**

**Entries:**

All entries must be submitted electronically. Team entries should be sent in a Hy-Tek CL2 entry file to the following email address: [tritonswim.president@gmail.com](mailto:tritonswim.president@gmail.com). Unattached swimmers affiliated with CCS may enter this meet on the CCS website, as long as the swimmer had registered on the CCS site for their USA Swimming membership. **CCS Outreach swimmers who are entered into this meet will have their fees deducted by the Host Club. The Home Club or responsible individual of the Outreach Swimmer is responsible for communicating with the Host Team of their roster and fees that need to be deducted. Names of the athletes who are receiving the Outreach incentive may be kept confidential at the discretion of the athletes' Home Club.**

**On-line entries are due by 11:59 PM Sunday, March 26, 2023. Late entries will be accepted until 11:59 PM Tuesday, March 28, 2023, with \$10 late fee per swimmer. Team entries have the same deadlines as individual events. Deck entries will not be permitted.**

**Entry fees:**

\$4.00 per individual event; \$10.00 surcharge per swimmer. Full payment (single team check) for an email entry must be postmarked within 48 hours of the email entry (see address below). **NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE FEE. ENTRIES AND FEES RECEIVED AFTER DUE DATE WILL INCUR A \$10 LATE FEE PER SWIMMER.**

**MAIL ONLY TEAM ENTRIES TO:  
(ENTRY CORDINATOR)**

**MIRANDA KLAWITTER  
TNT SWIMMING/MEET ENTRIES  
PO BOX 2064  
TULARE, CA 93275**

**MAKE TEAM CHECKS PAYABLE TO: TNT SWIM TEAM**

**For additional information contact: MEET DIRECTOR Miranda Klawitter at 360-720-6359 or [tritonswim.president@gmail.com](mailto:tritonswim.president@gmail.com)**

**Receipt of entry will not be verified by phone.**

## **COVID PRECAUTIONS FOR TNT SWIM MEET**

### **ATHLETES, SPECTATORS, COACHES, AND OFFICIALS**

We ask that only members of one household share a tent or shade structure inside the facility. Spectators will be allowed in the following designated seating areas: In the bleachers, grass area around the pool deck, and outside the pool gates. Meet participants should contact the Meet Directors in case of injuries or emergencies.

### **Additional Information, Disclosures, and Waivers Relative to COVID-19 Precautions**

Assumption of Risk Disclaimer for Reedley High School and TNT Tulare Swim Club.

We have taken enhanced health and safety precautions for you and all other guests for the facility. You must follow all posted instructions while visiting Reedley High School. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Center for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Reedley High School you voluntarily assume all risks related to exposure to COVID-19.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting to spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CENTRAL CALIFORNIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITIES OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

# TNT SPRING LC MEET SCHEDULE OF EVENTS

Saturday, April 1, 2023

Girls		AGE	EVENT		BOYS
1		13 - up	200 Free		2
3		11-12	200 Free		4
5		10 - under	200 Free		6
7		13 - up	100 Fly		8
9		11-12	100 Fly		10
11		10 -under	100 Fly		12
13		11-over	200 Breast		14
15		11-12	50 Breast		16
17		10 -under	50 Breast		18
19		13 -up	100 Back		20
21		11-12	100 Back		22
23		10 -under	100 Back		24
25		13 - up	50 Free		26
27		11-12	50 Free		28
29		10- under	50 Free		30
31		11-over	400 IM		32
33		11-over	1500 Free		34

Sunday, April 2, 2023

<b>GIRLS</b>		<b>AGE</b>	<b>EVENT</b>		<b>BOYS</b>
35		13 -up	100 Free		36
37		11-12	100 Free		38
39		10 -under	100 Free		40
41		11-over	200 Fly		42
43		11-12	50 Fly		44
45		10 -under	50 Fly		46
47		13 -up	100 Breast		48
49		11-12	100 Breast		50
51		10 -under	100 Breast		52
53		11-over	200 Back		54
55		11-12	50 Back		56
57		10 -under	50 Back		58
59		13 up	200 IM		60
61		11-12	200 IM		62
63		10- under	200 IM		64
65		11-over	400 Free		66

**It is understood and agreed that USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.**