

2024 SLOS Firecracker Invitational

San Luis Obispo, CA June 21-23, 2024



Friday, June 21, 2024

FRIDAY PM SESSION Warmup: 12:30 PM / Session Start: 2:00 PM

GIRLS	SCY Min	LCM Min	AGE GROUP	EVENT	SCY Min	LCM Min	BOYS
1			13 & Over	50 Fly			2
3	3:18.99	3:45.79	9-10	400 Free – Girls Heats			
5	7:08.79	6:23.89	11-12	*provide own timers*			
4			13 & Over	50 Back			5
			9-10	400 Free – Boys Heats	3:06.69	3:33.49	C
			11-12	*provide own timers*	6:57.29	6:15.49	6
7			13 & Over	50 Breast			8
9	24:53.99	25:45.79	OPEN	1500 Free *provide own timers*	24:21.89	25:13.59	10

Session Notes

- Swimmers in the 9-12 400 Free (Event #3, 6) must provide their own timers (2 per lane). 9-10 swimmers must meet the 9-10 B min the 400/500 free OR 200 free (if using 200 min time, please enter with at the minimum 400 time). 11-12 swimmers must meet the 400/500 free 11-12 B min time.
- The OPEN 1500 Free (Event #9, 10) will alternate girls and boys heats. Swimmers in these events must provide their own timers (2), individual to count laps & lap counting device. Swimmers entering this event must meet the 11-12 national B time to compete in the event.
- All team timing assignments for this session will be for the turn end of the pool. Assigned timers are only responsible for timing the 50-meter events that finish on the turn end.

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Saturday, June 22, 2024

SATURDAY AM SESSION – 12 & UNDER

Warmup: 7:30-8:50 AM Session Start: 9:00 AM

GIRLS	SCY Min	LCM Min	AGE GROUP	EVENT	SCY Min	LCM Min	BOYS
11			11-12	200 Free			12
13			5-10	200 Free			14
15			11-12	100 Back			16
17			5-10	100 Back			18
19			11-12	100 Breast			20
21			9-10	100 Breast			22
23	2:59.99	3:24.89	11-12	200 Fly	2:53.19	3:20.49	24
25			11-12	50 Fly			26
27			5-10	50 Fly			28
29			11-12	50 Free			30
31			5-10	50 Free			32
33	6:24.19	7:19.69	11-12	400 IM	6:13.09	7:09.89	34

Session Notes

- 5-6 swimmers meeting 5-8 B standard in a 50 yd/meter event may enter 7-10 100 of same stroke.
- 5-6 swimmers meeting 5-8 B standard in 100 Yd IM may enter 7-10 200 IM.
- Swimmers entering 11-12 200 Fly (#23, 24) & 400 IM (#33, 34) must meet the 11-12 B time for the event.
- For Event #37 & #38 (400 Free), 11-12 swimmers must enter with a time that meets the 11-12 400 Free 'B' minimum; 9-10 swimmers must enter with a 200 free time that meets the 9-10 200 free 'B' minimum.
- Swimmer in the 11-12 400 IM (#33, 34) must provide their own timers (2 per lane).

SATURDAY PM SESSION – 13 & OVER

Warmup: 12:15 PM

Session Start: 1:30 PM

PM session will start no sooner than 1 hour after the end of the AM session

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GIRLS	SCY Min	LCM Min	AGE GROUP	EVENT	SCY Min	LCM Min	BOYS
35			13 & Over	200 Free			36
37			13 & Over	100 Back			38
39			13 & Over	200 Fly			40
41			13 & Over	100 Breast			42
43			13 & Over	50 Free			44
45			13 & Over	400 IM			46

Session Notes

• Swimmers competing in the 400 IM (#45, 46) will alternated Girls and Boys heats. Swimmers in these events must provide their own timers (2 per lane).



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Sunday, June 23, 2024

AM SESSION – 12 & UNDER

Warmup: 7:45-8:50 AM Session Start: 9:00 AM

GIRLS	SCY Min	LCM Min	AGE GROUP	EVENT	SCY Min	LCM Min	BOYS
47			11-12	200 IM			48
49			5-10	200 IM			50
51			11-12	100 Free			52
53			5-10	100 Free			54
55	2:56.59	3:24.49	11-12	200 Back	2:51.99	3:19.49	56
57			11-12	50 Back			58
59			5-10	50 Back			60
61			11-12	50 Breast			62
63			5-10	50 Breast			64
65	3:20.89	3:52.59	11-12	200 Breast	3:14.09	3:44.69	66
67			5-10	100 Fly			68
69			11-12	100 Fly			70

Session Notes

- 5-6 swimmers meeting 5-8 B standard in a 50 yd/meter event may enter 7-10 100 of same stroke
- 5-6 swimmers meeting 5-8 B standard in 100 yd/meter free may enter 7-10 200 Free.
- Swimmers entering the 11-12 200 Back (#55, 56) & 200 Breast (#65, 66) must meet the 11-12 B time for the event.

PM SESSION – 13 & OVER

Warmup: 12:15-1:20 PM

Session Start: 1:30 PM

PM session will start no sooner than 1 hour after the end of the AM session

GIRLS	SCY Min	LCM Min	AGE GROUP	EVENT	SCY Min	LCM Min	BOYS
71			13 & Over	200 IM			72
73			13 & Over	100 Free			74
75			13 & Over	200 Back			76
77			13 & Over	200 Breast			78
79			13 & Over	100 Fly			80
81			13 & Over	400 Free			82

Session Notes

• The 400 Free (Event #81 & #82) will alternated Girls and Boys heats. Swimmers in these events must provide their own timers (2 per lane).