



# ROADRUNNER AQUATICS

## SWIM LESSONS

Experienced instructors | Small group classes | For ages 3+  
CSUB outdoor Olympic-size pool | Morning & Afternoon classes

Classes run 2x week (Mon/Wed or  
Tue/Thu) for 4-week sessions or 4x  
week for 2-week sessions.

### Cost:

**Group (\$185) Private (\$250)**

Sessions start Monday 1 April, morning  
classes will start Monday 20 May.

Any questions please email us at  
[roadrunnerswimlessons@gmail.com](mailto:roadrunnerswimlessons@gmail.com).

For more information/registration,  
scan the QR code or fill out the form  
on the back.



Scan the QR code on reverse or fill out this form and email it to roadrunnerswimlessons@gmail.com. Payment will be collected on the first day of the class (check or cash). Classes fill fast so register ASAP!

Name of parent/guardian: \_\_\_\_\_

Name of swimmer: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Parent/Guardian Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please list any medical conditions:

\_\_\_\_\_  
\_\_\_\_\_

### **Ability Level (please indicate):**

- Level 1: No exposure to water; possibly timid.
- Level 2: Ready to learn, "plays" well in water, can float with help.
- Level 3: Can float on back, and swim 5 yards of freestyle.
- Level 4: Can swim 15yds of freestyle and backstroke.
- Level 5: Can swim 25yds of free & back, learning another stroke
- Level 6: Knows 3 strokes, but needs help with 1 stroke.

### **Sessions (circle one or more):**

#### **4-week sessions (2x lessons per week):**

S1: 4/1-24 (M/W) --- S2: 4/2-25 (T/R) --- S3: 4/29-5/22 (M/W)

S4: 4/30-5/23 (T/R) --- S5: 5/27-6/19 (M/W) --- S6: 5/28-6/20 T/R)

S7: 6/24-7/17 (M/W) --- S8: 6/25-7/18 (T/R)

#### **2-week sessions (4x lessons per week):**

S9: 5/27-6/6 --- S10: 6/10-20 --- S11: 6/24-7/4 --- S12: 7/8-18

### **Time (circle one):**

#### **AM sessions only available from Session 5 / May 27:**

10:15-10:45am --- 3:45-4:15pm --- 5:30-6:00pm

10:50-11:20am --- 4:20-4:50pm --- 6:05-6:35pm

11:25-11:55am --- 4:55-5:25pm --- 6:40-7:10pm

**Private Lesson Request (please circle):    Yes    No**

**Registration will be confirmed by email.** Questions: email us at roadrunnerswimlessons@gmail.com or visit roadrunneraquatics.com