

# **Roadrunner Aquatics Social Distancing Guidelines**

## **Entry and Exit Procedures**

### **A. Entry Procedures**

1. Swimmers should be dropped off no sooner than ten minutes prior to practice, and should be dressed in their swim suit before arriving.
2. Swimmer's temperatures will be checked prior to entering the facility. Swimmer's with a temperature greater than 100.4 will not allowed to practice or to enter the facility.
3. Swimmers should remain in their air conditioned vehicle before entering the pool deck, as to decrease the chance of the outside heat increasing their body temperature to rise to 100.4. This will also deter from over crowding at the South gate.
4. Swimmers will enter the facility from the South Gate (front gate).
5. Swimmer's must fill out our self screening questionnaire everyday prior to entering the pool deck. You will not be allowed on deck till it is completed.
6. Swimmers will place their personal equipment bag behind their lane.
7. Swimmers will place their personal belongings on the pool deck behind their lane, spaced 6 feet apart.

### **B. Exit Procedure**

1. Swimmers must be picked up on time. Parents must arrive as practice ends and swimmers should leave within ten minutes of the end of practice.
2. Changing in the bathroom is not permitted.
3. Swimmers will exit the facility through the West gate (side gate).

## **Pool Deck Procedure**

### **A. Coach Procedures**

1. Coaches will wear face masks at all times; from exiting their vehicle to entering
2. Coaches will ensure that swimmers are following social distancing guidelines at all times.

### **B. Athlete Procedures**

1. Water fountains and showers are off limits - swimmers must bring their own water bottles.
2. Swimmers shall place their equipment bags six feet apart on the pool deck.
3. No sharing of equipment.
4. Swimmers will be required to wear a face mask from the time they exit their vehicle till before entering the pool, and immediately after exiting the pool.

### **C. Additional Safety Procedures**

1. Swimmers that have been exposed to COVID-19 or swimmers that feel sick will not be allowed to practice.
2. Swimmers with a cough, fever, or any other COVID symptoms will not be allowed to practice.
3. Parents will not be allowed to remain on the pool deck during practice, exception for evaluations and lessons starting in June.
4. Parents will not be allowed to remain or loiter on campus or . Do not stay parked in your car, please drop off your swimmer and leave campus.

### **B. Facilities**

1. Restrooms will be limited to one person at a time.
2. Showers, extra equipment, and drinking fountains are closed.
3. Do not change in the bathrooms.